

**100%RAW Powerlifting Federation Canada
2018 Calm Like A Bomb
Squamish, BC**

Sanction 2 Event - Referees in Attendance - Andrew Smith (3), Adam Cheal (2), Kristen Stewart (1)

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score
Mira Pascuzzi	12	F-13	46.8	48	1.349	47.5	55	62.5		62.5	27.5	30	32.5		32.5	62.5	67.5	-70		67.5	162.5	219.2125
Rachael Mirvish	41	F-40	51.9	52	1.2485	72.5	77.5	-80		77.5	45	47.5	-50		47.5	92.5	97.5	-102.5		97.5	222.5	277.79125
Amanda Johner	38	F-SM	54.8	56	1.1967	85	-95	95		95	55	60	-62.5		60	100	110	115		115	270	323.109
Sarah Koenig	41	F-40	55.5	56	1.1849	67.5	77.5	82.5		82.5	37.5	42.5	47.5		47.5	90	97.5	105		105	235	278.4515
Francine Rattray	45	F-45	55.4	56	1.1866	75	-80	80		80	42.5	47.5	50		50	85	92.5	100		100	230	272.918
Zahra Farhang	22	F-J	58.6	60	1.1355	67.5	72.5	77.5		77.5	30	32.5	35		35	70	77.5	87.5		87.5	200	227.1
Karen Ogilvie	42	F-40	59.9	60	1.1163	82.5	-87.5	87.5		87.5	60	62.5	-65		62.5	122.5	132.5	137.5		137.5	287.5	320.93625
Rachele Hicks	40	F-40	65.6	67.5	1.042	105	112.5	-120		112.5	55	57.5	-60		57.5	122.5	130	137.5		137.5	307.5	320.415
Robyn Schenk	14	F-15	70.9	75	0.9862	87.5	92.5	-97.5		92.5	42.5	47.5	-52.5		47.5	110	117.5	122.5		122.5	262.5	258.8775
Tia Pascuzzi	15	F-15	74	75	0.9587	107.5	112.5	117.5		117.5	55	60	-62.5		60	112.5	120	127.5		127.5	305	292.4035
Anna Bruder	22	F-J	75	75	0.9506	102.5	110	-115		110	45	-52.5	-52.5		45	125	135	-140		135	290	275.674
Andrea Kilroy	38	F-SM	64.9	75	1.0503	82.5	87.5	92.5		92.5	47.5	52.5	55		55	100	110	120		120	267.5	280.95525
Maria McElman	40	F-40	69.3	75	1.0018	75	82.5	90		90	45	52.5	55		55	105	112.5	120		120	265	265.477
Nora Iliakis	40	F-40	73.4	75	0.9638	102.5	110	-115		110	57.5	-62.5	62.5		62.5	110	-120	120		120	292.5	281.9115
Suzanne Thomas	41	F-40	72.3	75	0.9734	80	85	92.5		92.5	42.5	47.5	-50		47.5	95	100	107.5		107.5	247.5	240.9165
Kathy Brennan	62	F-60	74.4	75	0.9555	85	90	-95		90	42.5	47.5	50		50	112.5	117.5	125		125	265	253.2075
Ciaran Henning	13	M-13	52.5	56	0.9715	47.5	52.5	55		55	40	42.5	-45		42.5	70	80	87.5		87.5	185	179.7275
Ryan Du	28	M-O	84.6	90	0.6601	125	132.5	140		140	75	82.5	-87.5		82.5	150	162.5	170		170	392.5	259.08925
Dan Wales	36	M-SM	84.6	90	0.6601	185	190	195		195	120	127.5	135		135	215	227.5	-235		227.5	557.5	368.00575
Jon Anctil	32	M-O	96	100	0.6191	132.5	140	150		150	-102.5	102.5	107.5		107.5	175	185	190		190	447.5	277.04725
Daryn Collier	45	M-45	98	100	0.6136	137.5	150	162.5		162.5	87.5	92.5	95		95	182.5	195	205		205	462.5	283.79
Matthew Lucas	41	M-40	109.4	110	0.5895	175	185	190		190	105	110	-115		110	225	240	-250		240	540	318.33
Andrew Noury	45	M-45	104.7	110	0.5982	170	180	-182.5		180	125	132.5	-137.5		132.5	185	195	-205		195	507.5	303.5865
Cliff Miller	56	M-55	109.9	110	0.5887	147.5	157.5	167.5		167.5	102.5	110	115		115	185	-200	-200		185	467.5	275.21725
Nick Morneau	33	M-O	130.3	140	0.5654	255	280	295		295	190	205	-212.5		205	300	325	-335		325	825	466.455