

100%RAW Powerlifting Federation Canada
2017 NPAA Single Lift Challenge
Calgary, AB May 21. 2017

Military Press

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Press 1	Press 2	Press 3	Press 4	Best Press	Coef Score
Hayley Helland		24 F-J	64.9	67.5	1.0503	-37.5	-37.5	-37.5		0	0
Yasmen Muhssin		26 F-O	77	82.5	0.9354	-27.5	-27.5	27.5		27.5	25.7235
Chris Huband		24 M-J	89.5	90	0.6402	-105.5	105.5	107.5		107.5	68.8215
Kevin Wais		26 M-O	82.8	90	0.6685	50	60	75		75	50.1375
Kevin Weiss		45 M-45	81.5	90	0.6436	80	85	90	95	90	57.924
Mike Moorhead		40 M-40	99.9	100	0.6088	110	112.5	116	-120	116	70.6208
Matthew Godden		29 M-O	109.2	110	0.5898	-75	75	80		80	47.184
Des Peddle		45 M-45	159.1	SHW	0.5487	-110	110	116	-120	116	63.6492

Strict Curl

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Coef Score
McKenna Kozina		17 F-17	47.4	48	1.3367	30	-35	-35		30	40.101
Hayley Helland		24 F-J	64.9	67.5	1.0503	27.5	33	-35		33	34.6599
Yasmen Muhssin		26 F-O	77	82.5	0.9354	15	-27.5	-27.5		15	14.031
Lori McWatters		47 F-45	86.3	90	0.8802	-28	30	33	-35	33	29.0466
Alex Saretsky		27 M-O	65.7	67.5	0.7881	65	-72	-72		65	51.2265
Chris Huband		24 M-J	89.5	90	0.6402	60	63	-66		63	40.3326
Kory Kozina		36 M-SM	84.6	90	0.6601	62.5	-65	-65		62.5	41.25625
Kevin Weiss		45 M-45	81.5	90	0.6436	55	60	-65		60	38.616
Mike Moorhead		40 M-40	99.9	100	0.6088	70	72.5	75	-86	75	45.66
Matthew Godden		29 M-O	109.2	110	0.5898	61	66	67	-70.5	67	39.5166
Des Peddle		45 M-45	159.1	SHW	0.5487	60	65.5	70	-75	70	38.409

Bench Rep Challenge

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Bench Reps
McKenna Kozina		17 F-17	47.4	48	1.3367	57
Alex Saretsky		27 M-O	65.7	67.5	0.7881	36
Kevin Wais		26 M-O	82.8	90	0.6685	39
Mike Moorhead		40 M-40	99.9	100	0.6088	22