

# 100% RAW Powerlifting Federation 2012 Ontario Championships

Name	Age	Weight	Class	SQUAT				BENCH				DEADLIFT				TOTAL			
				RH	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd		3rd	4th	
Jamie Snow	(F) 23	59.7	60	12/10	-98	100	-102			45	47.5	50.5	-52.5	150.5	110	113	-115		263.5
Diana Hammond	(F) 29	64.9	67.5	10/11	45	60	-75			40	-47.5	-47.5		100	85	100	-110		200
Carly Dixon Craddock	(F) 12	63.5	67.5	11/9	55	60	65			30	35	-40		100	65	75	-85		175
Jack McEvoy	(M) 8	27	48												60	65	70.5		70.5
Tenesia Samuel	(F) 25	67.8	75	10/13	60	75	85			60	-75	75		160	85	100	115		275
Marina Tronin	(F) 24	60.8	67.5	13/12	-92.5	-92.5	92.5			45	50	-52.5		142.5	105	112.5	120		262.5
Spencer McCann	(M) 16	55	56	11/12	90	95	-100			60	70	-75		165	-115	115	125		290
Katie McGeachy	(F) 21	70.6	75	13/10	-95	97.5	107.5			55	57.5	62.5		170	125	-132.5	-132.5		295
Christine Beauchamp	(F) 18	64.99	67.5	8/10	100	120	-132.5			47.5	55	-60		175	110	130	-137.5		305
Shannon St. Michael	(F) 26	73	75	12/10	90	105	115			62.5	70	-75		185	125	pass	pass		310
Ashley Greer	(F) 22	92.6	90+											0	-137.5	-142.5	142.5		142.5
Sahil Mulla	(M) 25	59	60												145	165	182.5		182.5
Sheila Paulin	(F) 19	105.8	90+	18/12	105	-110	115			-65	-65	-65		50					
Benjamin Butty	(M) 21	66.9	67.5	14/13	190	205	210			105	117.5	-125			237.5	250	pass		577.5
Matthew Taylor	(M) 16	66.3	67.5	13	100	105	107.5			60	-65	70			75	pass	pass		252.5
Daniel Remulla	(M) 20	65.2	67.5	12						127.5	135	140		140					140
Christopher Corvese	(M) 21	74.6	75	14	150	162.5	175			95	-102.5	-102.5			195	210	-227.5		480
Adrian Nichol	(M) 22	70.5	75	18	160	172.5	-182.5			100	112.5	117.5	-122.5		212.5	225	227.5	-230	517.5
Allesandro Demarchi	(M) 21	69.07	75							-95	95	-110							95
Jack Shier	(M) 16	80	82.5	23	110	115	-117.5			-72	77.5	-82.5			135	142.5	147.5		340
Chris Ball	(M) 31	81.4	82.5	17/14	155	157.5	165			-87.5	87.5	-97.5			155	-165	165		417.5
Sean Behan	(M) 23	80.5	82.5	12/13	125	132.5	-142.5			80	87.5	-90			165	182.5	192.5		412.5
Vito Francone	(M) 25	81	82.5	16/13	152.5	162.5	-170			110	-115	-115			192.5	202.5	212.5		485
Aaron Valenta	(M) 25	80.91	82.5	14	157.5	165	-167.5			92.5	97.5	100			205	215	220		477.5
David Carvalho	(M) 27	81.61	82.5	13/13	195	210	-215			-115	120	130			205	215	-220		555
Peter Ciofitto	(M) 21	81.5	82.5	14/11	160	182.5	192.5			105	-115	115			210	-227.5	-227.5		517.5
Luke Redman	(M) 19	78.5	82.5	16	102.5	115	-130			-100	-100	-100							x
Orson Lui	(M) 18	87.59	90	15/13	125	137.5	150			80	87.5	-95			152.5	165	-182.5		402.5
Paul Koskinen	(M) 47	97.5	100		110	-125	-130			95	110	-115			160	175	195		415
John Phung	(M) 31	87.9	90	11	182.5	200	220			-140	140	-145			182.5	pass	pass		542.5
Kevin Stirling	(M) 56	88.32	90	12	135	160	175			115	120	127.5			185	200	210		512.5
Ron Dillig	(M) 49	88.5	90	17	150	165	170			125	-130	-130		295	192.5	206	-210		501
Kenneth Sitthikorn	(M) 21	89.3	90		155	165	175			100	107.5	-112.5			200	210	-212.5		492.5
Jason Howes	(M) 27	89.7	90	16/14	165	-170	170			-135	-135	135			210	222.5	230		230
Paul Mathews	(M) 42	93.6	100	11/12	210	225	-232.5			147.5	-160	-160			220	237.5	-255		237.5
Sidney Abou Sawan	(M) 19	88.5	90	14	192.5	215	227.5			102.5	115	125			237.5	257.5	-272.5		257.5
Mathieu Lavigne	(M) 22	87.3	90	15/13	192.5	205	-222.5			-142.5	-147.5	150			250	257.5	-272.5		257.5
Jason Majin	(M) 36	89.8	90	13						135	145	-153		145					145
Chris Sousa	(M) 27	89.5	90							155	162.5	-165							

