

**100%RAW Powerlifting Federation Canada
2018 Grind/Canadian Nationals
Medicine Hat, AB**

Sanction 3 Event - Referees in attendance - Adam Price (3), Mike Proskow (3), Lori McWatters (3), Megan Bain (3), Renae Witzaney (3), Kari Pearson (1), Nora Kish (1)

Male Full Power - Original Raw

Male Single Lift and Push Pull

Name	Age	Div	Sleeves	BWT (Kg)	WTCLs (Kg)	Wilks	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score
Ross Parker	18	M-J		69.1	75	0.7569											175	182.5	-190		182.5	182.5	138.13425
Ian Bennett	35	M-SM		73.6	75	0.7221	155	-160	162.5		162.5	105	110	-115		110	215	225	228.5		228.5	501	361.7721
Andrew Hanson	45	M-45		73.9	75	0.72	145	155	160		160	115	120	-122.5		120	155	-165	-165		155	435	313.2
Dylan Burke	15	M-J		81.1	82.5	0.6769	-97.5	-100	-100		0	52.5	62.5	70	-82.5	70	140	145	150	-155	150	220	148.918
Gordon Macinnes	45	M-45		77.3	82.5	0.6981	90	115	120		120	90	110	-115		110	170	180	-190		180	410	286.221
Aidan Turner	14	M-J		83.5	90	0.6651	115	120	130	140	130	-85	-85	85		85	-140	140	150	157.5	150	365	242.7615
Tyler Oakenfold	19	M-J		84.5	90	0.6606	120	127.5	137.5		137.5	85	90	-100		90	177.5	187.5	200		200	427.5	282.4065
Kevin Weiss	46	M-45		88.9	90	0.6424	190	200	210		210	140	145	150		150	210	225	235		235	595	382.228
Shayne Parker	49	M-45		89.5	90	0.6402											200	215	227.5	-230	227.5	227.5	145.6455
Chris Huband	25	M-O		97.4	100	0.6152	182.5	202.5	220		220	137.5	145	152.5		152.5	217.5	237.5	250		250	622.5	382.962
Dorrell Petties-Dahmer	28	M-O		108.8	110	0.5905	205	215	227.5		227.5	152.5	-157.5	-157.5		152.5	300	310.5	320	-325	320	700	413.35
Spence Howson	19	M-J		124.9	125	0.5699	195	-200			195	130	-135	-135		130	245	-250	-250		245	570	324.843
John Giffen	46	M-45		122.5	125	0.5723	210	220	230		230	220	-228		220	230	240	-250			240	690	394.887
Alex McLeod	28	M-O		135.3	140	0.5618	137.5	-155	170		170	-92.5	105	112.5		112.5	165	185	200		200	482.5	271.0685
Garry Coates	47	M-45		137.9	140	0.5601	205	-210			205	160	170	-172.5		170	220	227.5	235		235	610	341.661
Wally Schoffer	55	M-55		136.5	140	0.561						142.5	147.5	150	155	150	190	200	205		205	355	199.155

Male Full Power - Classic Raw

Name	Age	Div	Sleeves	BWT (Kg)	WTCLs (Kg)	Wilks	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score
Dillon Childs	24	M-J	Sleeves	66.9	67.5	0.7766	162.5	175	185		185	95	-102.5	-102.5		95	157.5	177.5	197.5		197.5	477.5	370.8265
Ryan Bell	19	M-J	Sleeves	72.2	75	0.7322	167.5	172.5	-175		172.5	100	105	110		110	170	185	192.5		192.5	475	347.795
Tristan Gillespie	23	M-J	Sleeves	73.5	75	0.7228	152.5	-165	165		165	97.5	105	112.5		112.5	165	177.5	190		190	467.5	337.909
Jim Haskayne	54	M-50	Sleeves	89.7	90	0.6395	177.5	187.5	-190.5		187.5	115	122.5	-127.5		122.5	212.5	230	-240		230	540	345.33
Scott Little	23	M-J	Sleeves	104.5	110	0.5986	215	230	-232.5		230	-142.5	145	-157.5		145	250	-265	-265		250	625	374.125
Arshia Arshadi	25	M-O	Sleeves	108.4	110	0.5912	155	165	170		170	137.5	142.5	147.5		147.5	205	220	230		230	547.5	323.682
James Moldowan	29	M-O	Sleeves	107.6	110	0.5926	150	160	-165		160	102.5	107.5	110		110	165	175	185		185	455	269.633
Wade Edwards	48	M-45	Sleeves	109.9	110	0.5887	145	-150	-160		145	130	-137.5	137.5		137.5	185	195	205		205	487.5	286.99125
Iliya Ivanov	29	M-O	Sleeves	119.3	125	0.5757	167.5	180	190		190	115	122.5	125		125	175	192.5	202.5		202.5	517.5	297.92475
Randy Sparks	61	M-60	Sleeves	119.8	125	0.5751	180	192.5	202.5	210	202.5	90	95	97.5		97.5	200	210	220		220	520	299.052

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Female Full Power - Original Raw

Female Single Lift and Push Pull

Name	Age	Div	Sleeves	BWt (Kg)	WtCls (Kg)	Wilks	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score
Gloria Cheung	29	F-O		50.7	52	1.2711	87.5	95	100		100	45	50	-52.5		50	92.5	100	107.5		107.5	257.5	327.30825
Kennedy Macinnes	11	F-11		58.5	60	1.1371	30	-32.5	-32.5		30	20	22.5	-27.5		22.5	40	55	-68		55	107.5	122.23825
Aspen Parker	15	F-15		58.8	60	1.1325						30	40.5	-43.5		40.5	65	80	95	100.5	95	135.5	153.45375
Genevieve Horn	15	F-15		61.7	67.5	1.0911	60	-65	72.5	-75	72.5	35	40	-42.5		40	85	95	100	101.5	100	212.5	231.85875
Hayden Murphy	18	F-19		66.4	67.5	1.0328	45	50	52.5		52.5	-35	37.5	-42.5		37.5	70	75	82.5		82.5	172.5	178.158
Leah Cameron	25	F-O		67.2	67.5	1.0239	120	-130	130		130	65	72.5	-77.5		72.5	125	137.5	145		145	347.5	355.80525
Erin Matheson	27	F-O		64.4	67.5	1.0564	105	117.5	122.5		122.5	65	70	72.5		72.5	142.5	157.5	165		165	360	380.304
Lisa Szabon-Smith	36	F-SM		71.4	75	0.9815	146	150	-152.5		150	80	-82.5	-82.5		80	158	160	-165		160	390	382.785
Selena Clauson	49	F-45		73.1	75	0.9663	85	92.5	-97.5		92.5	50	55	60		60	105	112.5	120		120	272.5	263.31675
Lynne Courtnage-Coolen	60	F-60		72.8	75	0.9689	90	95	105	112.5	105	37.5	42.5	-45		42.5	100	117.5	130	136.5	130	277.5	268.86975
Amanda Forsyth	23	F-J		82.4	82.5	0.9005						37.5	42.5	47.5		47.5	75	82.5	87.5		87.5	135	121.5675
Courtney Van Beers	27	F-O		77.6	82.5	0.9311	102.5	110	-120		110	55	-57.5	-60		55	140	-147.5	-147.5		140	305	283.9855
Sylvia Roche	35	F-SM		75.3	82.5	0.9483	82.5	95	-102.5		95	47.5	55	62.5		62.5	82.5	100	110		110	267.5	253.67025
Christina Ryan	43	F-40		81.6	82.5	0.9052	55	65	75		75	37.5	42.5	-47.5		42.5	85	95	-105		95	212.5	192.355
Tracey Ridgway	51	F-50		82	82.5	0.9028	75	82.5	-92.5		82.5	40	47.5	-52.5		47.5	102.5	110	-117.5		110	240	216.672
Sharalee Bustamante	30	F-O		112.3	90+	0.8096	155	162.5	165	167.5	162.5	-70	70	-77.5		70	145	155	160		160	392.5	317.768
Sheryl Malinowski	43	F-40		92.3	90+	0.8554	115	-120	-120		115	65	-70	-70		65	120	130	140	-148	140	320	273.728

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Terra MacKeigan	30	F-O	Sleeves	58.1	60	1.1432	107.5	110	115		115	-52.5	55	57.5		57.5	110	120	-137.5		120	292.5	334.386
Alyssa Coulas	24	F-J	Sleeves	67.5	67.5	1.0206	75	82.5	87.5		87.5	52.5	57.5	60		60	90	100	-107.5		100	247.5	252.5985
Jelena Dyck	30	F-O	Sleeves	70.6	75	0.989	102.5	105	107.5		107.5	62.5	67.5	-70		67.5	125	132.5	137.5		137.5	312.5	309.0625