

2015 Prairie Power Open Results

Name	Div	BWT (Kg)	WTCLs (Kg)	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score	Team		
Bench only																							
Christina Lam	F-O	49.8	52						50	-55	-55			50						50.245			
Jill Keilty	F-40	47.4	48						-60	-60	-60			0						0.000	The Free House		
Gary Peterson	M-40	52	52						-82.5	-85	91	-92.5		91						86.587			
Deston Yee	M-17	84.6	90						100	105	117.5	-122.5		117.5						71.534	Peak Power		
Michael Habina	M-45	81	82.5						-125	-125	-130.5			0						0.000	Team Saretsky		
Mike Proskow	M-45	104.8	110						132.5	135	137.5			137.5						74.814	The Free House		
Peter Clarke	M-5M	95.4	100						150	155	160			160						90.656			
John Giffen	M-40	118.3	125						227.5	232.5	237.5	-240		237.5						125.519	The Free House		
Full Power																							
Rylea Yanke	F-19	47	48	45	50	52.5	-55	52.5	45	48	50	-52.5		50	50	67.5	72.5	75	72.5	175	184.275	Peak Power	
Arielle Sie-Mah	F-J	53.9	56	80	-90	95		95	37.5	42.5	-47.5			42.5	87.5	102.5	110			110	247.5	233.12025	Grizzly Barbell
Breann Thiessen	F-J	55.5	56	120	127.5	135	140	135	65	-70	72.5	75		72.5	130	140	145	152.5		145	352.5	324.0885	Peak Power
Lisa Trevisanutto	F-40	58.6	60	55	-60	62.5	-67.5	62.5	40	45	-47.5			45	85	95	107.5	-110		107.5	215	188.942	Team Saretsky
Skylar Yanke	F-J	59.9	60	100	105	-107.5		105	60	65.5	67.5	70		67.5	100	105	110			110	282.5	243.741	Peak Power
Perri Mazurkewich	F-17	64.9	67.5	92.5	97	101	103	101	45.5	48	52.5	54		52.5	110	117.5	122.5	-127.5		122.5	276	222.5388	
Deb Ellard	F-55	64.3	67.5	-90	90	95	101	95	-57.5	-60	60	-62.5		60	-105	105	110	115		110	265	215.3655	
Kate Sonego	F-J	63.7	67.5					0	40	45	-52.5			45	102.5	110	-117.5			110	0	0	Team Saretsky
Lesley Unger	F-5M	67.5	67.5	77.5	85	92.5		92.5	45	50	-52.5			50	107.5	117.5	122.5			122.5	265	206.647	
Lori McWatters	F-45	73.9	75	77.5	82.5	87.5		87.5	60	62.5	-65.5			62.5	102.5	110	117.5			117.5	267.5	195.30175	The Free House
Eloise Theberge	F-J	68.8	75	75	82.5	90		90	55	-60	60			60	97.5	105	110			110	260	199.732	Calgary Barbell
Elise Jackson	F-J	68.5	75	105	110	112.5		112.5	57.5	-62.5	-62.5			57.5	125	132.5	137.5			137.5	307.5	236.92875	
Selena Gaudet	F-O	70.7	75	105	110	117.5		117.5	55	-57.5	-57.5			55	132.5	142.5	152.5	156		152.5	325	244.8875	Calgary Barbell
Melanie Wontoy	F-5M	73.4	75	77.5	87.5	92.5		92.5	57.5	62.5	-65			62.5	122.5	132.5	140			140	295	216.412	
Michelle Balsillie	F-40	82.3	82.5	70	75	77.5		77.5	55	57.5	-62.5			57.5	77.5	85	90			90	225	151.8525	
Dana Sandier	F-5M	81.9	82.5	110	117.5	-122.5		117.5	57.5	62.5	-67.5			62.5	155	165	-167.5			165	345	233.703	Peak Power
Mehza Memon	F-19	85.1	90	57.5	65	72.5		72.5	37.5	42.5	42.5			42.5	70	77.5	100	105		100	215	141.5345	Calgary Barbell
Sam Oliphant	F-O	88.1	90	60	62.5	65		65	-42.5	-42.5	42.5			42.5	87.5	92.5	97.5			97.5	205	131.5075	
Amber Hamilton	F-O	90	90	112.5	121	122.5	-123.5	122.5	67.5	73.5	77.5	78.5		77.5	117.5	125	132.5			132.5	332.5	209.874	
Erin Cooke	F-J	95.2	90+	80	87.5	95		95	57.5	62.5	65			65	85	95	110			110	270	165.807	Calgary Barbell
Rahul Singh	M-J	65.8	67.5	85	92.5	-100		92.5	70	-75	-75			70	125	137.5	-140			137.5	300	222.87	Team Saretsky
Brendan Eberle	M-J	67.4	67.5	180	187.5	-192.5		187.5	135	-142.5	-142.5			135	240	257.5	-267.5			257.5	580	421.544	
Alex Saretsky	M-O	67.2	67.5	160	165	170		170	125	130	-132.5			130	215	222.5	-227.5			222.5	522.5	380.74575	Team Saretsky
Dawson Gall	M-17	74.2	75	122.5	-127.5	130		130	70	77.5	-80			77.5	135	142.5	155			155	362.5	242.91125	
Cole Melanson	M-J	73.9	75	172.5	187.5	200		200	130	137.5	-140			137.5	217.5	230	-237.5			230	567.5	385.72975	
Colin DeWolfe	M-O	75	75	145	155	162.5		162.5	80	85	-90			85	165	175	182.5			182.5	430	285.735	
Jeremy Kander	M-O	73.9	75	130	140	-147.5		140	85	97.5	105			105	172.5	182.5	-187.5			182.5	427.5	290.57175	
Estilfor Garcia	M-O	74.5	75	100	110	117.5		117.5	-102.5	102.5	-105			102.5	182.5	190	195			195	415	277.22	Team Saretsky
Niko Leis	M-17	78.3	82.5					0						0	160	185	195	205		195	0	0	Team Saretsky
Carter Gall	M-19	82.5	82.5	160	167.5	185		185	102.5	112.5	-125			112.5	215	235	240	255.5		240	537.5	332.87375	
Aaron Sessions	M-J	81.6	82.5	125	132.5	142.5		142.5	97.5	102.5	105			105	175	187.5	200			200	447.5	279.28475	Calgary Barbell
Ethan Tymbruski	M-J	81.8	82.5	147.5	155	-162.5		155	-102.5	105	-112.5			105	182.5	200	210			210	470	292.81	
Vanson Vu	M-J	81.5	82.5	150	160	167.5		167.5	117.5	-125	-125			117.5	192.5	202.5	215			215	500	312.3	Calgary Barbell
Karim Barsoum	M-J	82.5	82.5	-160	160	-182.5		160	107.5	115	-120			115	200	212.5	-215			212.5	487.5	301.90875	
Jason Paes	M-O	81.8	82.5	140	152.5	165		165	105	110	-115			110	190	205	217.5			217.5	492.5	306.8275	
Victor Akpawan	M-O	79.8	82.5	157.5	172.5	-185		172.5	107.5	120	125			125	190	205	220			220	517.5	328.14675	Team Saretsky
Tony Dratnal	M-O	82.5	82.5	130	135	140		140	85	90	-92.5			90	202.5	-217.5	217.5			217.5	447.5	277.13675	Grizzly Barbell
Paul Butts	M-45	89.2	90	-102.5	105	117.5		117.5	85	-90	-90			85	110	120	130			130	332.5	195.67625	Calgary Barbell
Markus van Heerden	M-50	88.6	90	132.5	185	187.5	190	187.5	110	112.5	115	120		115	182.5	190	195	205		195	497.5	294.0225	
Shubidito Ahmed	M-J	88.6	90	147.5	160	170		170	85	92.5	100			100	192.5	205	215			215	485	286.635	Grizzly Barbell
Ryan Wilkes	M-J	89.1	90	172.5	180	187.5		187.5	142.5	147.5	157.5	-163.5		157.5	210	220	230			230	575	338.618	Peak Power
Tedd Hellmann	M-O	88.6	90	125	130	135		135	80	87.5	92.5			92.5	170	182.5	195			195	422.5	249.6975	Grizzly Barbell
Cam Kennedy	M-O	88.7	90	195	210	-215		210	135	140	-142.5			140	212.5	230	242.5			242.5	592.5	349.87125	Grizzly Barbell
Brad Olson	M-O	89.1	90	-230	240	-250		240	150	160	-165			160	260	272.5	-280			272.5	672.5	396.03525	
Forrest Gavins	M-5M	89.4	90	192.5	202.5	212.5		212.5	140	147.5	-152.5			147.5	250	262.5	-265			262.5	622.5	365.84325	
Greg Gavelin	M-55	91.7	100	160	172.5	185		185	75	85	-92.5			85	190	200	215	-220		215	485	280.815	
Cody Beyer	M-O	95	100	170	182.5	190		190	125	-130	-130			125	210	230	242.5			242.5	557.5	316.5485	
Brad Wilson	M-O	99.3	100	200	210	220		220	132.5	140	-145			140	250	260	-272.5			260	620	344.596	
Chase Thrasher	M-15	108.1	110					0						0	142.5	157.5	-170			157.5	0	0	Team Saretsky
Randy Sparks	M-55	107.9	110	160	172.5	185	195	185	105	110	115			115	202.5	215	227.5	235		235	527.5	285.21925	
Kevin Lutz	M-J	106.9	110	230	240	-247.5		240	172.5	-182.5	-182.5			172.5	230	237.5	245		</				