

100%RAW Powerlifting Federation Canada

2017 Winter Classic

Calgary, AB Dec 2, 2017

Sanction 3 Event - Referees in attendance - Adam Price (3), Herb Veckenstedt (3), Renae Witzaney (3), Erin Matheson (2), Megan Bain-Kretschmer (1), Colin DeWolfe (1)

Referee Trainees - Brett Hansen

Full Power/Push Pull/Single Lift

Name	Age	Div	BWT (Kg)	WtCls (Kg)	Wilks	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score
Mattea Ahlijah	11	F-11	53.55	56	1.2176	42.5	47.5	50		50	20	22.5	25		25	60	65	67.5		67.5	142.5	173.51
Nicola McDivitt	25	F-O	55.5	56	1.1849	75	-80	-80		75	50	52.5	-57.5		52.5	105	115	120		120	247.5	293.26
Amy Filatoff	33	F-O	57	60	1.1604	75	80	87.5		87.5	60	-65	65		65	97.5	102.5	115		115	267.5	310.41
Susanne McElroy	48	F-45	58.95	60	1.1295	50	60	70		70	47.5	52.5	55		55	90	100	110		110	235	265.43
Sara Abbott	23	F-J	63.3	67.5	1.0701	90	97.5	102.5		102.5	55	57.5	-60		57.5	130	140	-150		140	300	321.03
Anna Quijada	28	F-O	67.2	67.5	1.0239	82.5	95	105		105	45	52.5	57.5		57.5	105	120	130		130	292.5	299.49
Larisa Lindner	32	F-O	65.4	67.5	1.0444	67.5	72.5	-80		72.5	50	55	-57.5		55	100	107.5	115		115	242.5	253.27
Michaela Annable	22	F-J	73.85	75	0.9596	105	-110	112.5		112.5	-60	-60	-60		0	105	115	125		125	237.5	227.91
Caitlin Ryan	24	F-J	72.75	75	0.9689	-92.5	97.5	102.5		102.5	50	52.5	-55		52.5	97.5	102.5	-105		102.5	257.5	249.49
Emma Graham	27	F-O	71.55	75	0.9797	-85	-85	85		85	40	-47.5	-47.5		40	102.5	107.5	115		115	240	235.13
Jacelyn Olandesca	36	F-SM	72.6	75	0.9707	95	-105	105		105	57.5	-62.5	65		65	110	120	127.5		127.5	297.5	288.78
Simone Rodger	23	F-J	81.25	82.5	0.907	115	122.5	-127.5		122.5	62.5	65	-67.5		65	127.5	137.5	140		140	327.5	297.04
Jenn Boser	24	F-J	80.65	82.5	0.9106	60	65	70		70	52.5	-55	-55		52.5	87.5	92.5	97.5		97.5	220	200.33
Danielle Philibert	24	F-O	80.55	82.5	0.9112	165	175.5	182.5		182.5	92.5	95	-97.5		95	180	190	195	-205.5	195	472.5	430.54
Courtney Van Beers	26	F-O	77.2	82.5	0.934	102.5	107.5	112.5		112.5	55	57.5	-60		57.5	130	137.5	-150		137.5	307.5	287.21
Kathleen Macdonald	39	F-SM	79.15	82.5	0.9202	102.5	107.5	117.5		117.5	57.5	60	-65		60	125	132.5	140		140	317.5	292.16
Sarah Zwodeski	35	F-SM	87.55	90	0.8742	70	80	85		85	52.5	55	57.5		57.5	120	-130	-130		120	262.5	229.48
Lori McWatters	48	F-45	84.55	90	0.8886						57.5	62.5	65	-68	65						65	57.76
Maxwell Hall	22	M-J	64.3	67.5	0.8025	130	140	-147.5		140	80	90	-92.5		90	170	182.5	187.5		187.5	417.5	335.04
Russell Flores	32	M-O	67.3	67.5	0.7729	155	162.5	-167.5		162.5	112.5	117.5	-122.5		117.5	182.5	187.5	192.5		192.5	472.5	365.20
Kevin Roberge	43	M-40	73.1	75	0.7256	152.5	162.5	175	-182.5	175	105	115	122.5	-127.5	122.5	167.5	182.5	197.5	205	197.5	495	359.17
Jeremy Kander	34	M-O	73.75	75	0.7207	137.5	145	-152.5		145	87.5	100	-105		100	187.5	-200	207.5		207.5	452.5	326.12
Dillon Childs	23	M-J	75	75	0.7126	165	175	185		185	92.5	102.5	-110		102.5	192.5	205	212.5		212.5	500	356.30
Shane Miller	36	M-SM	81.6	82.5	0.6744						110	-115	115		115						115	77.56
Russ Friesen	46	M-45	81.8	82.5	0.6734	140	150	-155		150	105	110	-115		110	155	165	175		175	435	292.93
Gord Squire	49	M-45	82.5	82.5	0.6699	110	115	120		120	107.5	112.5	115		115	110	120	130		130	365	244.51
Ahmad Eid	24	M-J	84.9	90	0.6588	175	182.5	-190		182.5	120	125	0		125	245	260	-270		260	567.5	373.87
Brandon Lenters	29	M-O	85.9	90	0.6545	167.5	175	182.5		182.5	92.5	97.5	-102.5		97.5	207.5	217.5	227.5		227.5	507.5	332.16
Derek Robinson	24	M-J	87.8	90	0.6467	140	150	157.5		157.5	100	107.5	112.5		112.5	185	200	210		210	480	310.42
Salen Prasad	29	M-O	88.1	90	0.6455	137.5	150	162.5		162.5	90	100	-107.5		100	172.5	195	210		210	472.5	305.00
Chris Huband	24	M-J	90	90	0.6384	170	180	192.5		192.5	127.5	137.5	-147.5		137.5	185	202.5	225		225	555	354.31
Barrett Donavon	36	M-SM	92.5	100	0.6298	170	177.5	180		180	102.5	107.5	-110		107.5	195	210	225	251	225	512.5	322.77
Paul Butts	48	M-45	93.9	100	0.6254	120	127.5	137.5		137.5	85	90	-95		90	142.5	152.5	-167.5		152.5	380	237.65
Sean Craig	40	M-40	95.7	100	0.62	140	145	150		150	-105	-105	105		105	150	157.5	167.5		167.5	422.5	261.95
Michael Croft	21	M-J	97.9	100	0.6139	150	160	167.5		167.5	120	127.5	-132.5		127.5	177.5	192.5	202.5		202.5	497.5	305.42
Mitchell Jacobson	24	M-J	98.4	100	0.6126	180	190	-195		190	122.5	127.5	-132.5		127.5	225	237.5	245		245	562.5	344.59
Stephen Collins	35	M-SM	101.2	110	0.6057	170	185	195		195	100	107.5	115		115	185	200	215		215	525	317.99
Clay Sparks	23	M-J	106	110	0.5956						140	145	-150		145	235	245	-262.5		245	390	232.28
Umberto Cappella	26	M-O	107.5	110	0.5928	215	227.5	237.5		237.5	165	175	182.5		182.5	260	272.5	280		280	700	414.96
Brent Wounough	60	M-60	109.3	110	0.5897	165	170	175		175	130	140	145		145	160	170	180		180	500	294.85
Matthew Godden	29	M-O	114.25	125	0.582						132.5	142.5	150		150	232.5	245	272.5		272.5	422.5	245.90
Randy Sparks	60	M-60	120.1	125	0.5748	160	180	190	195	190	90	95	0		95	200	215	-221		215	500	287.40
Liam Cummings	36	M-SM	121.5	125	0.5733	107.5	115	130		130	92.5	102.5	112.5		112.5	127.5	142.5	162.5		162.5	405	232.19