

100%RAW Powerlifting Federation Canada

2018 IX Open

Edmonton, AB March 4, 2018

Sanction 3 Event - Referees in attendance - Mike Proskow (3) Erin Matheson (3), Megan Bain-Kretschmer (2), Tavis Harris (1)

Full Power/Push Pull/Single Lift - Original Raw (No Knee Sleeves)

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score
Gloria Cheung	29	F-O	51.3	52	1.2597	87.5	92.5	97.5		97.5	42.5	47.5	50		50	90	95	-102.5		95	242.5	305.47725
Chelsea Gorrie	26	F-O	64.7	67.5	1.0527	65	77.5	85		85	45	-47.5	-47.5		45	85	95	107.5		107.5	237.5	250.01625
Jessie McOuatt	31	F-O	64.2	67.5	1.0588	82.5	87.5	92.5		92.5	57.5	-62.5	-62.5		57.5	97.5	102.5	107.5		107.5	257.5	272.641
Bailey Simms	22	F-J	73	75	0.9672	82.5	87.5	92.5		92.5	52.5	-55	-55		52.5	115	125	132.5		132.5	277.5	268.398
Selena Clauson	49	F-45	72.7	75	0.9698	80	87.5	-92.5		87.5	47.5	52.5	-57.5		52.5	90	100	107.5		107.5	247.5	240.0255
Kathleen MacDonald	40	F-40	81.4	82.5	0.9064	112.5	125	-127.5		125	57.5	65	-67.5		65	135	145	150		150	340	308.176
Michelle Leslie	25	F-O	120.4	90+	0.7992	110	117.5	125		125	60	62.5	65		65	130	140	-150		140	330	263.736
Andrew Hanson	45	M-45	74.6	75	0.7152	140	150	-157.5		150	110	115	117.5		117.5	170	190	-200		190	457.5	327.204
Fred Lee	49	M-45	69.9	75	0.7502	100	112.5	117.5		117.5	82.5	85	90		90	165	175	182.5		182.5	390	292.578
Robert Zschuppe	42	M-40	80.8	82.5	0.6785											-162.5	172.5	182.5		182.5	182.5	123.82625
Stephen Mikulasik	28	M-O	88.3	90	0.6447	115	117.5	122.5		122.5	77.5	82.5	-85		82.5	160	-172.5	172.5		172.5	377.5	243.37425
Michael Croft	22	M-J	104	110	0.5996	155	167.5	-175		167.5	125	132.5	-137.5		132.5	182.5	197.5	207.5		207.5	507.5	304.297
Rory MacIntyre	30	M-O	107.3	110	0.5932											210	225	240		240	240	142.368
Adam Price	43	M-40	115.4	125	0.5805	250	270	280		280	185	195	197.5		197.5	250	260	-265		260	737.5	428.11875

Full Power/Push Pull/Single Lift - Classic Raw (Knee Sleeves Allowed On The Squat)

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score
Elizabeth Flaming	28	F-O	64.7	67.5	1.0527	112.5	117.5	122.5		122.5	55	57.5	-60		57.5	130	142.5	152.5		152.5	332.5	350.02275
Ashley Albert	29	F-O	61	67.5	1.1007	90	97.5	-105		97.5	-45	-55	-55		0	102.5	105	115		115	0	0
Craig Damen	30	M-O	89.1	90	0.6417	162.5	172.5	180		180	-117.5	-125	-125		0	185	197.5	205		205	0	0
Nazar Kharyk	35	M-SM	108.2	110	0.5916	200	210	217.5		217.5	-175	180	190		190	235	250	-267.5		250	657.5	388.977
Scott Little	23	M-J	110.7	125	0.5874	-215	222.5	230		230	142.5	150	155		155	245	262.5	-275		262.5	647.5	380.3415
Eric Xie	25	M-O	122.8	125	0.572	212.5	222.5	230		230	142.5	152.5	162.5		162.5	275	285	302.5	-317.5	302.5	695	397.54