

100%RAW Powerlifting Federation Canada

Saskatchewan Provincial Records

Full Power

Updated at October 11th 2019

<u>Female 44 kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>
<u>Female 48 kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>
<u>Female 52 kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>
<u>Female 56 kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>
<u>Female 60 kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>
<u>Female 67.5 kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>
<u>Female 75 kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>
OPEN	107.5 Jelena Dyck - 2018	67.5 Jelena Dyck - 2018	137.5 Jelena Dyck - 2018	312.5 Jelena Dyck - 2018
<u>Female 82.5 kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>
<u>Female 90 kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>
<u>Female 90+ kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>
<u>Male 48 kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>
<u>Male 52 kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>

<u>Male 56 kg CLASS</u>	<u>SQUAT (kg)</u>		<u>BENCH PRESS (kg)</u>		<u>DEADLIFT (kg)</u>		<u>TOTAL (kg)</u>	
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<u>Male 60 kg CLASS</u>	<u>SQUAT (kg)</u>		<u>BENCH PRESS (kg)</u>		<u>DEADLIFT (kg)</u>		<u>TOTAL (kg)</u>	
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<u>Male 67.5 kg CLASS</u>	<u>SQUAT (kg)</u>		<u>BENCH PRESS (kg)</u>		<u>DEADLIFT (kg)</u>		<u>TOTAL (kg)</u>	
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<u>Male 75 kg CLASS</u>	<u>SQUAT (kg)</u>		<u>BENCH PRESS (kg)</u>		<u>DEADLIFT (kg)</u>		<u>TOTAL (kg)</u>	
OPEN	105.0	Ryan Doner - 2017	77.5	Ryan Doner - 2017	112.5	Ryan Doner - 2017	295.0	Ryan Doner - 2017
20-24	105.0	Ryan Doner - 2017	77.5	Ryan Doner - 2017	112.5	Ryan Doner - 2017	295.0	Ryan Doner - 2017

<u>Male 82.5 kg CLASS</u>	<u>SQUAT (kg)</u>		<u>BENCH PRESS (kg)</u>		<u>DEADLIFT (kg)</u>		<u>TOTAL (kg)</u>	
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<u>Male 90 kg CLASS</u>	<u>SQUAT (kg)</u>		<u>BENCH PRESS (kg)</u>		<u>DEADLIFT (kg)</u>		<u>TOTAL (kg)</u>	
OPEN	215.0	Jonathan Taylor - 2018	142.5	Jonathan Taylor - 2018	277.5	Jonathan Taylor - 2018	635.0	Jonathan Taylor - 2018
20-24	215.0	Jonathan Taylor - 2018	142.5	Jonathan Taylor - 2018	277.5	Jonathan Taylor - 2018	635.0	Jonathan Taylor - 2018

<u>Male 100 kg CLASS</u>	<u>SQUAT (kg)</u>		<u>BENCH PRESS (kg)</u>		<u>DEADLIFT (kg)</u>		<u>TOTAL (kg)</u>	
OPEN	227.5	Hayden Schick - 2019	175.0	Hayden Schick - 2019	242.5	Hayden Schick - 2019	645.0	Hayden Schick - 2019
20-24	225.0	Hayden Schick - 2019	167.5	Hayden Schick - 2019	235.0	Hayden Schick - 2017	627.5	Hayden Schick - 2019
45-49	190.0	Vaughn Johnson - 2016	122.5	Vaughn Johnson - 2016	235.0	Vaughn Johnson - 2016	540.0	Vaughn Johnson - 2016

<u>Male 110 kg CLASS</u>	<u>SQUAT (kg)</u>		<u>BENCH PRESS (kg)</u>		<u>DEADLIFT (kg)</u>		<u>TOTAL (kg)</u>	
OPEN	225.0	Hayden Schick - 2019	167.5	Hayden Schick - 2019	240.0	Hayden Schick - 2019	632.5	Hayden Schick - 2019
20-24	225.0	Hayden Schick - 2019	167.5	Hayden Schick - 2019	240.0	Hayden Schick - 2019	632.5	Hayden Schick - 2019
45-49	195.0	Vaughn Johnson - 2017	125.0	Vaughn Johnson - 2017	240.0	Vaughn Johnson - 2017	560.0	Vaughn Johnson - 2017

<u>Male 125 kg CLASS</u>	<u>SQUAT (kg)</u>		<u>BENCH PRESS (kg)</u>		<u>DEADLIFT (kg)</u>		<u>TOTAL (kg)</u>	
OPEN	200.0	Matthew Lucas - 2019	125.0	Matthew Lucas - 2019	245.0	Matthew Lucas - 2019	570.0	Matthew Lucas - 2019
40-44	200.0	Matthew Lucas - 2019	125.0	Matthew Lucas - 2019	245.0	Matthew Lucas - 2019	570.0	Matthew Lucas - 2019

<u>Male 140 kg CLASS</u>	<u>SQUAT (kg)</u>		<u>BENCH PRESS (kg)</u>		<u>DEADLIFT (kg)</u>		<u>TOTAL (kg)</u>	
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<u>Male SHW CLASS</u>	<u>SQUAT (kg)</u>		<u>BENCH PRESS (kg)</u>		<u>DEADLIFT (kg)</u>		<u>TOTAL (kg)</u>	
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