

22-Apr-23

Valhalla Rising

Name	Age	Div	BWt (Kg)	WCts (Kg)	Wilks	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlif 1 1	Deadlif 1 2	Deadlif 1 3	Deadlif 1 4	Best Deadlif t	PL Total	Coeff Score	Age & Coeff	Place code	PL-Div- WCts	Team Pts	Team	Events
Taralyn Mile	35	F-SM	62.3	67.5	1.0831	65	70	72.5		72.5	13	40	42.5	-45		42.5	115	90	95	100		100	215.0	232.87	232.87	0.00	2-F-SM	5.00		PL
Wanda Bradbury	59	F-M4	59.7	60	1.1192	72.5	77.5	80		80	13	60	62.5			62.5	142.5	92.5	100	105		105	247.5	277.00	364.26	0.00	1-F-M4	7.00		PL
Karen Oatvie	48	F-M2	65	67.5	1.0491	80	85	-90		85	14	62.5	65	-67.5		65	150	125	132.5	137.5		137.5	287.5	301.62	330.87	0.00	1-F-M2	7.00		PL
Sarah Ellis	33	F-O	69.1	75	1.0038	82.5	90	95		95	14	55	60	-62.5		60	155	105	112.5	-117.5		112.5	267.5	288.52	288.52	0.00	3-F-O	3.00		PL
Andrea Yeung-Meadows	46	F-M2	69.8	75	0.9968	87.5	92.5	-96		92.5	11	47.5	60	52.5		52.5	145	110	115	120		120	265.0	284.15	282.11	0.00	2-F-M2	5.00		PL
Jordan Wathen	34	F-O	58.4	60	1.1386	95	102.5	-107.5		102.5	11	57.5	60	-62.5		60	162.5	130	137.5	142.5		142.5	305.0	347.27	347.27	0.00	2-F-O	5.00		PL
Kathy Brennan	67	F-M6	81	82.5	0.9088	-106	100	105		105	14b2	52.5	55	57.5		57.5	162.5	112.5	120	127.5		127.5	290.0	263.55	406.66	0.00	1-F-M6	7.00		PL
Finn Parr	13	M-T1	77.7	82.5	0.6957	100	107.5	112.5		112.5	11	82.5	87.5	-92.5		87.5	200	127.5	150	155		155	355.0	246.97	246.97	0.00	1-M-T1	7.00		PL
Sue O'Connell	38	F-SM	75.3	82.5	0.9483	100	107.5	115		115	13	60	65	67.5		67.5	182.5	150	160	167.5		167.5	350.0	331.91	331.91	0.00	1-F-SM	7.00		PL
Kristy Hughes	43	F-M1	130	90+	0.7883	130	140	145		145	13	77.5	80	80		80	225	127.5	137.5	145		145	370.0	291.67	300.71	0.00	1-F-M1	7.00		PL
Lisa Lethbridge	30	F-O	66.7	67.5	1.0294	145	-162.5	-162.5		145	12	77.5	80.5	-82.5		80.5	225.5	165	177.5	-190		177.5	403.0	414.85	414.85	0.00	1-F-O	7.00		DL
Rachel Forbes	42	F-M1	56.3	60	1.1717					0						0	95	102.5	105			105	0.0	0.00	0.00	0.00	0.00	0.00		DL
Andrew Leyland	34	M-O	71.7	75	0.7360	90	95	100		100	16	60	65	-67.5		65	165	135	145	152.5		152.5	317.5	233.68	233.68	0.00	3-M-O	3.00		PL
Jeff Fielding	54	M-M3	73.5	75	0.7228	100	105	110		110	14	75	80	-82.5		80	190	152.5	160	167.5		167.5	357.5	258.40	311.11	0.00	1-M-M3	7.00		PL
David Mite	33	M-O	81.8	82.5	0.6734	-106	110	115		115	15	-90	-90	90		90	205	145	152.5	160		160	365.0	245.79	245.79	0.00	2-M-O	5.00		PL
Peyton Williams	15	M-T2	73.8	75	0.7207	-126	130	-126		130	16	77.5	-82.5	82.5		82.5	212.5	165	-176	175	-180.5	175	387.5	279.27	279.27	0.00	1-M-T2	7.00		PL
Josh Bannister	39	M-SM	89.3	90	0.6410	135	-145	145		145	17	77.5	80	-80		77.5	222.5	162.5	172.5	180		180	402.5	258.00	258.00	0.00	2-M-SM	3.00		PL
Ciaran Henning	18	M-T4	83.7	90	0.6642	140	150	-156		150	15	100	105	-110		105	255	185	195	205		205	460.0	305.53	305.53	0.00	1-M-T4	7.00		PL
Jason Leroux	35	M-SM	89.8	82.5	0.6785	150	157.5	165		165	18	87.5	-82.5	92.5		92.5	257.5	182.5	192.5	202.5		202.5	460.0	312.11	312.11	0.00	2-M-SM	5.00		PL
Michael Lane	64	M-M5	88.2	90	0.6451	160	170	-175		170	17	100	105	107.5		107.5	277.5	210	-222.5	222.5		222.5	500.0	322.55	467.70	0.00	1-M-M5	7.00		PL
Rudi Ainsie	44	M-M1	95.8	100	0.6197	165	172.5	182.5		182.5	15	-107.5	-110	-110		0	180	190	197.5			197.5	0.0	0.00	0.00	0.00	0.00	0.00		PL
Devlin Hookham	35	M-SM	120.9	125	0.5739	180	187.5	195		195	16	127.5	135	140		140	335	185	197.5	210		210	545.0	312.78	312.78	0.00	1-M-SM	7.00		PL
Dan Wales	41	M-M1	86.3	90	0.6528	185	195	210		210	13	125	-132.5	-137.5		125	335	225	235	-245		235	570.0	372.10	375.82	0.00	1-M-M1	7.00		PL
Zachariah McHugh	41	M-M1	96	100	0.6191	200	210	220		220	14	112.5	-117.5	-120		112.5	332.5	230	240	247.5		247.5	580.0	359.08	362.67	0.00	2-M-M1	5.00		PL
Matthew Lucas	46	M-M2	137.2	140	0.5605	242.5	262.5	272.5		272.5	16	155	160	-166		160	432.5	272.5	292.5	-302.5		292.5	725.0	406.36	434.00	0.00	1-M-M2	7.00		PL
Cory Constantin	30	M-O	121.1	125	0.5737	250	267.5	282.5		282.5	13	165	175	-182.5		175	457.5	232.5	-242.5	242.5		242.5	700.0	401.59	401.59	0.00	1-M-O	7.00		PL

Officials: Herb Veckenstedt, Lori McWaters-Nicoladis, Mike Proskow