

26-May-23		Gathering of Nations Strict Curl														
Name	Age	Div	BWt (Kg)	WICIs (Kg)	Wilks	Strict Curl 1	Strict Curl 2	Strict Curl 3	Strict Curl 4	Best Strict Curl	Coeff Score	Age & Coeff	Place code	Pl-Div-WICl	Team Pts	Team
Karna Haris	61	F-60	53.95	56	1.2106	22.5	25.5	28	29	28	33.9	46.3	2	1-F-60	7	
Chris Luu	36	M-SM	72.7	75	0.7285	45	50	55	<del>60</del>	55	40.07	40.07	2	3-M-SM	7	
Alex Saretsky	33	M-O	67.1	67.5	0.7747	62.5	65	67.5	<del>74.6</del>	67.5	52.29	52.29	2	1-M-O	7	
Carl Wesley	37	M-SM	88.75	90	0.6428	70.5	73.5	75.5	<del>76</del>	75.5	48.53	48.53	2	1-M-SM	7	
Dylan Aronson	19	M-19	66.05	67.5	0.7842	50	<del>56</del>	<del>58</del>		50	39.21	39.21	2	1-M-19	7	
Herb Veckenstedt	57	M-55	104.7	110	0.5982	50	55	<del>60.5</del>		55	32.9	41.72	2	1-M-55	7	
Michael Hogan	64	M-60	151.9	140+	0.5523	50	56	61		61	33.69	48.85	2	1-M-60	7	
Matthew Godden	35	M-SM	120.4	125	0.5745	65	70	<del>72.5</del>		70	40.22	40.22	2	2-M-SM	7	

Officials: Mike Proskow, Paul Bossi; Lori McWaters-Nicoladis

26-May-23		Gathering of Nations Military Press														
Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Press 1	Press 2	Press 3	Press 4	Best Press	Coeff Score	Age & Coeff	Place code	Pl-Div-WtCl	Team Pts	Team
Chris Luu	36	M-SM	72.7	75	0.7285	55	62.5	67.5	70	67.5	49.17	49.17	2	1-M-SM	7	
Herb Veckenstedt	57	M-55	104.7	110	0.5982	60	65	70	72.5	70	41.87	53.1	2	1-M-55	7	
Norm Garden	49	M-45	95.75	100	0.6197	70	80	85	91	85	52.67	58.63	2	1-M-45	7	
Michael Hogan	64	M-60	151.9	140+	0.5523	65	72.5	82.5	-100	82.5	45.56	66.07	2	1-M-60	7	
Karina Haris	61	F-60	53.95	56	1.2106	28	30	-32.5		30	36.32	49.61	2	1-F-60	7	
Douglas Delainey	63	M-60	89.9	90	0.6388	45	50	-55		50	31.94	45.39	2	2-M-60	7	
Alex Saretsky	33	M-O	67.1	67.5	0.7747	77.5	85.5	87.5		87.5	67.79	67.79	2	1-M-O	7	
Officials: Mike Proskow; Paul Bossi; Lori McWaters-Nicoladis																

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Gathering of Nations

Name	Age	Div	BW (kg)	WCu (kg)	Wks	Lot #	RY St	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	SB SP	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Point Score	Age C	Place Code	PLCu-WC	Team Pls	Team	Events	
Jill Kelly	23	F-45	47.25	48	1.2871		10	85	70	74		74	11	52.5	55	45		55	170	105	107.5	110	110	110	295	316.47	355.37	2	1-F-45		PL		
Phyllis Yeh	23	F-50	54.5	55	1.2011		10	91	80	85		85	11	62.5	65	45		65	150	85	91	95	95	95	245	264.47	294.47	2	1-F-50		PL		
Christina Libary	81	F-45	45.5	52	1.3143		7	87.5	95	100		100	7	62.5	65	45		65	162.5	107.5	115	115	115	115	277.5	364.72	408.21	2	1-F-45		PL		
Talana Dymchichuk	23	F-50	59.1	60	1.1281		11	90	100	100		100	13	62.5	67.5	70		70	170	117.5	122.5	127.5	127.5	127.5	297.5	336.81	335.81	2	1-F-50		PL		
Shi Yeh	23	F-50	64.8	67.5	1.0911		10	102.5	100	107.5		107.5	8	70	72.5	45		72.5	172.5	100	110	110	110	110	302.5	316.00	319.00	2	1-F-50		PL		
Barbara Miller	28	F-45	53.55	60	1.1907		11	92.5	97.5	102.5		102.5	11	62.5	67.5	62.5		67.5	165	100	105	105	105	105	275	316.00	319.00	2	1-F-45		BP		
Lynn McNeal	41	F-45	55.65	67.5	1.0401		10	92.5	95	95		95	14	57.5	62.5	67.5		67.5	167.5	105	105	105	105	105	275	316.00	319.00	2	1-F-45		PL		
Barbara Ryan	60	F-45	115.150*	0.8054		12	75	75	75	75		75	15	40	40	40		40	90	100	100	100	100	100	240	193.30	240.00	2	1-F-45		PL		
Lynn McWaters	15	F-45	80.85	82.5	0.9054		13	85	85	90		90	13	62.5	67.5	67.5		67.5	147.5	115	120	120	120	120	287.5	243.20	288.00	2	1-F-45		PL		
Jill Engler	28	F-50	100.5	105*	0.8314		16	97.5	105	110		110	13	67.5	70	60		70	177.5	135	142.5	147.5	147.5	147.5	322.5	270.21	270.21	2	1-F-50		PL		
Colleen Swenson	37	F-50	71.5	75	0.9824		13	100	107.5	100		107.5	13	62.5	67.5	67.5		67.5	167.5	130	135	142.5	142.5	142.5	312	304.54	304.54	2	1-F-50		PL		
Mauii Ben	15	F-50	70.05	75	0.9393		8	110	117.5	110		117.5	7	70	72.5	45		72.5	160	107.5	107.5	107.5	107.5	107.5	247.5	317.5	315.54	315.54	2	1-F-50		PL	
Vanessa Hald	17	F-50	73.75	75	0.9854		7	100	100	102.5		102.5	7	65	70	72.5		72.5	155	100	100	100	100	100	255	319.38	319.38	2	1-F-50		PL		
Barbbara Reynolds	30	F-45	64.1	65*	0.9423		15	85	95	107.5		107.5	11	55	57.5	57.5		57.5	150	95	95	95	95	95	240	320.11	320.11	2	1-F-45		BP		
Aileen Collins	35	F-45	83.1	85	0.8664		16	95	95	107.5		107.5	11	55	55	70		70	155	100	100	100	100	100	255	320.11	320.11	2	1-F-45		PL		
Sharon Alvares	55	F-45	86.2	90	0.8451		16	105	112.5	120		120	14	72.5	72.5	60		72.5	160	100	100	100	100	100	260	321.72	321.72	2	1-F-45		PL		
Paula Robinson	67	F-45	74.65	75	0.9722		15	100	100	100		100	13	65	65	60		65	155	100	100	100	100	100	255	321.72	321.72	2	1-F-45		PL		
Donna Doolittle	63	F-45	95.3	95	0.8385		15	105	100	105	105		105	13	62.5	62.5	60		62.5	157.5	100	100	100	100	100	257.5	321.72	321.72	2	1-F-45		PL, PP, BP	
Dylan Anderson	19	M-19	66.05	67.5	0.7842		13	100	105	100		105	14	65	67.5	100		100	200	200	210	210	210	210	210	483.5	379.16	379.16	2	1-M-19		PL	
Colin Swindle	38	M-35	80.75	82.5	0.8795		14	100	102.5	100		102.5	11	67.5	72.5	100		100	180	180	200	200	200	200	200	497.5	337.55	337.55	2	1-M-35		PL	
Yara Lindgren	18	M-17	67.5	67.5	0.6955															125	150	165	165	165	165	345	337.55	337.55	2	1-M-17		BP	
Chris Liu	36	M-35	77.7	75	0.7281															150	192.5	195	195	195	195	342.5	337.55	337.55	2	1-M-35		PL	
Michellea Parsons	75	M-75	81.25	82.5	0.6791															150	200	210	210	210	210	370	337.55	337.55	2	1-M-75		BP	
Raymond Green	62	M-65	78.1	82.5	0.6914															150	200	200	200	200	200	350	337.55	337.55	2	1-M-65		BP	
Olga Tam	64	M-65	74.15	75	0.7173															150	200	200	200	200	200	350	337.55	337.55	2	1-M-65		BP	
Andrew Hestry	41	M-45	97	100	0.8193		16	100	112.5	120		120	14	72.5	77.5	100		100	200	100	107.5	107.5	107.5	107.5	317.5	337.55	337.55	2	1-M-45		PL		
Paul Taylor	44	M-45	97.85	100	0.8193		13	117.5	130	130		130	14	70	70	100		100	200	102.5	201	210	210	210	210	315	313.00	326.50	2	1-M-45		PL	
Michael Hogan	64	M-65	151.9	140*	0.5521		21	185	191.5	190		191.5	18	138	145.5	148		148	339.5	200	210	210	210	210	210	537.5	307.91	448.47	2	1-M-65		PL	
Brad Swadzinski	34	M-35	98.05	100	0.6134		16	200	210	210		210	17	100	110	127.5		127.5	340.5	185	200	200	200	200	200	562.5	345.04	415.43	2	1-M-35		PL	
David Peck	37	M-40	138.5	140	0.5591	23m	200	200	200	200		200	16	100	100	100		100	420.5	250	250	250	250	250	250	517.5	378.70	390.51	2	1-M-40		PL	
Matthew Golden	35	M-35	103.4	110	0.6745															150	270	280	280	280	280	300	300	300	300	300	300	300	300
Mark Mathias	70	M-70	95.95	100	0.6191															150	150	150	150	150	150	150	150	150	150	150	150	150	150
David Lantry	62	M-65	120	120	0.6714															150	150	150	150	150	150	150	150	150	150	150	150	150	150
Yuki Paul	34	M-35	134.3	140	0.6791															150	150	150	150	150	150	150	150	150	150	150	150	150	150
Raymond Cleary Sr	63	M-65	136.5	140	0.5611															150	150	150	150	150	150	150	150	150	150	150	150	150	150

Officials: Mike Proshow; Paul Bossi; Kathleen MacDonald; Lori McWaters-Nicoladis