

100%RAW Powerlifting Federation Canada

Saskatchewan Provincial Records

Single Lift - Bench Press and Deadlift

Updated April 05 2023

<u>Female 44 kg CLASS</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>
<u>Female 48 kg CLASS</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>
<u>Female 52 kg CLASS</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>
<u>Female 56 kg CLASS</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>
<u>Female 60 kg CLASS</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>
<u>Female 67.5 kg CLASS</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>
<u>Female 75 kg CLASS</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>
OPEN	67.5 Jelena Dyck - 2018	137.5 Jelena Dyck - 2018
<u>Female 82.5 kg CLASS</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>
<u>Female 90 kg CLASS</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>
<u>Female 90+ kg CLASS</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>
<u>Male 48 kg CLASS</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>
<u>Male 52 kg CLASS</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>
<u>Male 56 kg CLASS</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>
<u>Male 60 kg CLASS</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>
<u>Male 67.5 kg CLASS</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>
<u>Male 75 kg CLASS</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>
OPEN	77.5 Ryan Doner - 2017	112.5 Ryan Doner - 2017
20-24	77.5 Ryan Doner - 2017	112.5 Ryan Doner - 2017
<u>Male 82.5 kg CLASS</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>
<u>Male 90 kg CLASS</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>

OPEN	142.5	Jonathan Taylor - 2018	277.5	Jonathan Taylor - 2018
20-24	142.5	Jonathan Taylor - 2018	277.5	Jonathan Taylor - 2018

<u>Male 100 kg CLASS</u>	<u>BENCH PRESS (kg)</u>		<u>DEADLIFT (kg)</u>	
OPEN	175.0	Hayden Schick - 2019	242.5	Hayden Schick - 2019
20-24	167.5	Hayden Schick - 2019	235.0	Hayden Schick - 2017
45-49	122.5	Vaughn Johnson - 2016	235.0	Vaughn Johnson - 2016

<u>Male 110 kg CLASS</u>	<u>BENCH PRESS (kg)</u>		<u>DEADLIFT (kg)</u>	
OPEN	167.5	Hayden Schick - 2019	240.0	Vaughn Johnson - 2017
20-24	167.5	Hayden Schick - 2019	240.0	Hayden Schick - 2019
45-49	125.0	Vaughn Johnson - 2017	240.0	Vaughn Johnson - 2017
50-54			235.0	Vaughn Johnson - 2023
55-59	147.5	Wayne Cormier - 2019		

<u>Male 125 kg CLASS</u>	<u>BENCH PRESS (kg)</u>		<u>DEADLIFT (kg)</u>	
OPEN	125.0	Matthew Lucas - 2019	245.0	Matthew Lucas - 2019
40-44	125.0	Matthew Lucas - 2019	245.0	Matthew Lucas - 2019

<u>Male 140 kg CLASS</u>	<u>BENCH PRESS (kg)</u>		<u>DEADLIFT (kg)</u>	
OPEN	167.5	Wally Schoefer - 2017	205.0	Wally Schoefer - 2018
50-54	167.5	Wally Schoefer - 2017		
55-59	162.5	Wally Schoefer - 2019	205.0	Wally Schoefer - 2018

<u>Male SHW CLASS</u>	<u>BENCH PRESS (kg)</u>		<u>DEADLIFT (kg)</u>	
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